

# OTTER CREEK



# YOGA

**Jan-March 2008  
Schedule**

Yoga Classes  
in the  
Marble Works,  
Middlebury

Day	Time	Level	Teacher
Monday	12-1 pm	Level 1-3	Mary Claire
Tuesday	12-1 pm	Level 1-3	Joanna
	6-7 <sup>30</sup> pm	Level 1-3	Joanna
Wednesday	12-1 pm	Level 2-3	Russell
	6-7 <sup>30</sup> pm	Level 2-3	Russell
Thursday	9-10 <sup>15</sup> am	Seniors	Joanna
	12-1 pm	Level 1	Joanna
	6-7 <sup>30</sup> pm	Level 1-3	David
Friday	12-1 pm	Slow Yoga	Sansea
Saturday	9-10 <sup>30</sup> am	Level 2-3	Joanna
	10 <sup>45</sup> -12 noon	Level 1	Joanna
Second and Fourth Saturday	4-6:15 pm	Level 2-3	Russell

See website for teacher bios & class prices

Otter Creek Yoga is located in the  
Marble Works, between Costello's Market  
and the Marble Works Pharmacy.

Questions?  
call 388 1961, or write  
joanna@ottercreekyoga.com

[www.ottercreekyoga.com](http://www.ottercreekyoga.com)

*My Body is my Home  
and the Door to my Soul*